## **SEEDS Parent Navigation Coaching**

A child with special needs is not the only family member to need support in the education system. It can be overwhelming knowing where to start for services in your child's education or feeling like you've been heard. Especially if you need support in understanding the system or navigating difficulties that may come up, SEEDS is here to help fill this gap.

## What SEEDS parent navigator coaching can do for you

- Parent Navigation is assistance regarding school district information, school support, transitions, or schooling-related issues;
- Training for family members offered monthly on various topics;
- Family to Family connections with a trained parent "mentor" who
  has a child with complex needs and is skilled at providing
  information and support.

SEEDS is here to help you explore options and get support in a safe space. As a family member you know your child better than anyone; you are the one coordinating services between your home, school and community. A parent navigator can assist you through this experience, whether you are just starting out, or have hit a bump along the way.

This service is called Parent Navigation. Parent navigation services operate independent of the school system so that you can be sure the advice you are receiving is neutral and unbiased.

## Who we serve:

Parents and family members of a child with complex special needs (including: medical, disability, mental health, and special education issues) from age 4 to 19

Professionals who work with children with complex special needs

Parent navigator services are 100% confidential

Services have no charge for families

Unbiased, accurate information

Response within 72 hours of contacting SEEDS

We are seeking funding to make this no cost to families.

If you would like to contact a parent navigator, please email: info@seedsociety.ca to set up a phone call or meeting.

